

heart & Soul CLUBS

Fun, inclusive after-school clubs run weekly to help girls build a healthy self-image, body confidence and self-esteem.



Girls ONLY

Sessions

Mondays @ 3.10pm - 4.15pm
Room – 130

Snacks and drinks will be provided.
Call 01243 697800
or talk to your head of year
to book your place.



courses delivered by

www.mysistershouse.info

108c London Road, Bognor Regis PO21 1BD

Arun and Chichester Women's Centre
'Inspiring women to live their potential'



Community
Interest Company
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