

## 'STRONGER Futures'

### Domestic Abuse Peer Support Group



If you have experienced domestic abuse, and feel that you would benefit from the support of other women that have had similar experiences, our peer support group can offer:-



A safe space to talk about your feelings. Help to move on.



A chance to share your experiences with other women.



Acknowledgement of past experiences and how they have impacted you and your family.



Join us for tea, coffee and biscuits on the last Thursday of every month 6.00pm-7.30pm at 108c London Road, Bognor Regis, PO21 1BD

To self refer call: 01243 697800

*'Together we can build Stronger Futures'*



[www.mysistershouse.co.uk](http://www.mysistershouse.co.uk)

108c London Road, Bognor Regis PO21 1BD  
Tel: 01243 697800

Arun and Chichester Women's Centre  
*'Inspiring women to live their potential'*

Community Interest Company  
No: 9180186

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