

heart & Soul CLUBS

Fun, inclusive after-school clubs run weekly to help girls build a healthy self-image, body confidence and self-esteem.



Taster sessions
3.00 - 4.00pm
12th & 19th Sept.
Room - 130

Sessions start
3.10pm - 4.15pm
Monday 26th Sept

Snacks and drinks will be provided.
Call 01243 697800
or talk to your head of year
to book your place.



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www.mysistershouse.info

108c London Road, Bognor Regis PO21 1BD

Arun and Chichester Women's Centre
'Inspiring women to live their potential'

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